

# Public Notice

## for Adult Ontarians

### Living with Diabetes

Living with diabetes is not easy, but managing it day-to-day really means taking good care of yourself.

The Diabetes Testing Report will be sent from the Ministry of Health and Long-Term Care to your physician. It will tell him or her when you last had three important tests: blood sugar test (A1C), cholesterol test (LDL), and retinal eye exam. We know that people living with diabetes who receive these tests regularly are better able to manage their diabetes and avoid complications. If you have diabetes and are not sure whether you have had these three tests, talk to your health care provider.

#### The Benefits

- Helps you and your physician better manage your diabetes care
- Lets you and your physician know if you are overdue for an A1C test, LDL test, and retinal eye exam
- Makes it easier for you and your physician to talk about your diabetes care

#### Respecting Your Privacy

To create this report, the Ministry of Health and Long-Term Care and your physician will confidentially share the date of your last A1C test, LDL test, and retinal eye exam.

You may choose not to be included on your physician's Diabetes Testing Report. If you wish to withhold or withdraw your consent to have your information included on this Diabetes Testing Report, call **ServiceOntario** at **1-800-291-1405**, **TTY: 1-800-387-5559** on or before June 11, 2010. Should you choose to withhold or withdraw your consent, your physician will continue to provide health care to you.

For more information about the collection, use and disclosure of your personal health information for the purposes of the Diabetes Testing Report, or if, at any time, you change your mind about having your information included in future Diabetes Testing Reports, call **ServiceOntario** at the numbers listed above. For more information about diabetes, visit **[Ontario.ca/diabetes](http://Ontario.ca/diabetes)**

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